

# BERRY STRONG

## Nutrition Facts

Serving Size: (0.0g)

Servings Per Container: 1

### Amount Per Serving

**Calories** 310      Calories from Fat 50

**% Daily Value\***

**Total Fat** 6g      **9%**

Saturated Fat 0.5g      **3%**

*Trans* Fat 0g

**Cholesterol** 5mg      **2%**

**Sodium** 95mg      **4%**

**Total Carbohydrate** 55g      **18%**

Dietary Fiber 8g      **32%**

Sugars 38g

**Protein** 15g

Vitamin A 35%      •      Vitamin C 120%

Calcium 15%      •      Iron 15%

\* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

INGREDIENTS: MANGOS, APPLES,  
BANANAS, BLUEBERRIES,  
STRAWBERRIES, PROTEIN  
SUPPLEMENT, MILK BASED, MUSCLE  
MILK, POWDER, AGAVE SYRUP