

Kale Yeah!

Nutrition Facts

Serving Size: (0.0g)

Servings Per Container: 1

Amount Per Serving

Calories 470 Calories from Fat 130

% Daily Value*

Total Fat 14g **22%**

Saturated Fat 2g **10%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 95mg **4%**

Total Carbohydrate 84g **28%**

Dietary Fiber 9g **36%**

Sugars 58g

Protein 10g

Vitamin A 100% • Vitamin C 110%

Calcium 35% • Iron 20%

* Percent Daily Values are based on a 2,000 calorie diet.
Your daily values may be higher or lower depending on
your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

INGREDIENTS: BEVERAGES, ALMOND MILK, SWEETENED, VANILLA FLAVOR, READY-TO-DRINK, BANANAS, DATES, KALE, ORGANIC CASHEWS RAW (UNROASTED), GINGER