

Salmon Salad

Nutrition Facts

Serving Size: 1 (170g)

Servings Per Container: 2

Amount Per Serving

Calories 390 Calories from Fat 240

% Daily Value*

Total Fat 27g **42%**

Saturated Fat 5g **25%**

Trans Fat 0g

Cholesterol 40mg **13%**

Sodium 370mg **15%**

Total Carbohydrate 22g **7%**

Dietary Fiber 3g **12%**

Sugars 16g

Protein 15g

Vitamin A 80% • Vitamin C 45%

Calcium 15% • Iron 20%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

INGREDIENTS: SPRING MIX (ARUGULA, OAK, ROMAINE, SPINACH, FRISÉE), SALMON, BALSAMIC VINAIGRETTE - NATURALLY FRESH, CUCUMBER, DRIED CRANBERRIES (CRANBERRIES, SUGAR, SUNFLOWER OIL), FETA (PASTEURIZED MILK, NONFAT MILK, SALT, CHEESE CULTURE, ENZYMES, CALCIUM CHLORIDE), WALNUTS, TOMATOES

RUBY JEAN'S JUICERY
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